### **Simplicity Day (Jul 12)**

**Email Subject:** Embrace the Essence of Simplicity!

Hi {Name},

On Simplicity Day, delve into "Why Simplicity Matters" by FutureThink {Link to LMS}. This 14-minute course explores the benefits of a simpler approach in life and work. Simplify for success!

**Internal Post:** 🌿 Simplicity Day is here! Learn "Why Simplicity Matters" with FutureThink {Link to LMS}. Take a 14-minute journey to a simpler, more effective life. Let's simplify and thrive!

### **Social Wellness Month**

**Email Subject:** Embrace Kindness in Social Wellness Month!

Hi {Name},

July—Social Wellness Month—is the perfect time to explore "The value of kindness at work" by TED {Link to LMS}. This 16-minute talk highlights how acts of kindness can positively reshape your work environment. Spread kindness and enhance social wellness!

**Internal Post:** 🤗 It's Social Wellness Month! Discover "The value of kindness at work" with TED {Link to LMS}. In 16 minutes, learn how kindness can transform our workplace. Let's create a more compassionate work culture!