### **National Native American Heritage Month**

**Email Subject:** Honor Native American Heritage This November!

Hi {Name},

November is National Native American Heritage Month. Learn more with this 7-minute course from OpenDoors that celebrates the history and culture of Native Americans {Link to LMS}. Join us in recognizing their important contributions.

**Internal Post:** 🍂 Celebrate National Native American Heritage Month! Learn with "National Native American Heritage Month (U.S.)" by OpenDoors {Link to LMS}, a 7-minute journey into the rich culture and history of Native Americans. Let's appreciate and learn!

### **National Gratitude Month**

**Email Subject:** Embrace Gratitude in November and Beyond

Hi {Name},

This National Gratitude Month, learn about "Appreciating Your Team" by Healthy Minds Program {Link to LMS}. This 4-minute course emphasizes the power of gratitude in enhancing well-being and team dynamics. Cultivate an attitude of gratitude!

**Internal Post:** 🌟 November is National Gratitude Month! Discover the importance of "Appreciating Your Team" with Healthy Minds Program {Link to LMS}. It just takes 4 minutes to better understand the importance of gratitude. Let's be thankful together!